

CME Continuing Education CALENDAR for Therapeutic Massage/Bodywork

July 2018

| Date/s Day/s Time/s | Description | Location | Instructor/s | Sponsor / Contact Telephone / E-mail | Cost Total Cost Cost per Hour |
|---|--|--|---|--|--|
| STRUCTURAL RELIEF THERAPY . . . Creating New Muscle Memory (SRT) | | | | | |
| 1) July 7, 8 - Hip / Upr Leg / Knee 2) July 9 - Neck 3) Aug. 4, 5 - Lwr Leg, Foot 4) Aug. 6 - Torso 5) Aug. 24 - Shoulder, Arm, Hand 6) Aug. 25 - Neck 7) More dates/loc on SRT website | SRT is based on Osteopathic principles & is effective on complex & chronic conditions. Taya has developed this essential tool into an efficient protocol that stops involuntary muscle contraction, greatly increases ROM, instantly changes posture, & dramatically decreases pain in the first treatment. Fun classes & detailed manual. New & experienced LMTs love SRT. No oil, gentle on you, & clients exclaim, "It's like magic; my pain is gone!" NCBTMB Approved Provider #450706-08 | 1) Lake Stevens, WA 2) Lake Stevens, WA 3) Lake Stevens, WA 4) Lake Stevens, WA 5) Lake Stevens, WA 6) Lake Stevens, WA 7) See SRT website | Taya Countryman, LMT Debbie Cutter LMT 51 yrs. comb'd clinical exp. 43 yrs. Advanced instructors Taya@StructuralReliefTherapy.com www.StructuralReliefTherapy.com | Register online: StructuralReliefTherapy.com (425) 422-3449 | 1) \$ 320 / 16 CE / \$20 2) \$ 160 / 8 CE / \$20 3) \$ 320 / 16 CE / \$20 4) \$ 160 / 8 CE / \$20 5) \$ 160 / 8 CE / \$20 6) \$ 160 / 8 CE / \$20 7) See SRT website |
| ETHICS Classes w/Kay Rynerson, Dawn Schmidt, Joe Rodin, Marybeth Berney & Lavon Watson | | | | | |
| Times Vary - 1) July 14 Saturday 2) Aug. 12 Sunday 3) Sept. 23 Sunday 4) Oct. 21 Sunday | 1) Mindful Massage: Working with Human Vulnerabilities - - Joe (NCBTMB) 2) ETHICS: Risk vs Reward - Massage on the Ethical Edge Lavon & Marybeth 3) ETHICS for Washington LMTs - - Kay & Dawn (NCBTMB) 4) Not Your Typical Ethics Class - - Kay (NCBTMB) "Each Class Satisfies WA Ethics Requirements" | Seattle, WA | Kay Rynerson, LMT, RTT, Dawn Schmidt, LMT Joe Rodin, LMT Lavon Watson, LMT Marybeth Berney, LMT | Therapeutic Training Ctr. Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | Each class: \$ 80 w/ 1 wk adv reg \$ 90 after 4 \$ 20 hr |
| MYOPATHIC MUSCULAR THERAPY - Osteopathic Principles | | | | | |
| 1) July 21, 22 2) August 4, 5 3) August 18, 19 9:00 am to 5:00 pm | Basic Level - Full body. No oil. Hands-on. Designed to provide relief for acute and chronic soft tissue injuries. Consists of Joint mobilization and neuro-muscular re-education techniques. No stress on the therapist. Have a long life career doing what you love w/o hurting yourself in the process. The workshop is limited to 10 participants. | Myopathic Muscular Therapy Clinic 4610 200th St. SW, # N Lynnwood, WA 989036 | Osmarina Santana, LMT, MyP, NCBTMB Board Cert'd 25 years clinical experience omvalsan@gmail.com | MMTC (425) 712-0852 myopathictherapy.com | \$ 295 3 wks adv. reg. \$ 345 after 14 / \$21.08 / \$ 24.65 Free demo! - 15 min. Whiplash Technique |
| SEATTLE REFLEXOLOGY and MASSAGE CENTER PRESENTS: | | | | | |
| Ongoing Classes: July 28 August 11, 12 Sept 10, 11 | Reflexology is an amazingly effective and relaxing form of bodywork that can help reduce stress, improve issues throughout the body, encourage optimal holistic health, and manage foot pain. Learn a complete one-hour sequence in our Introductory Reflexology course. We offer reflexology classes taught by local, national and international instructors. Class space is limited. Visit www.seattle-reflexology.com information. Achieving Natural Foot Health Introduction to Reflexology The Stress Response: A Sympathetic Nervous System, Hormonal & Immune Challenge | Seattle Reflexology & Massage Center 419 Queen Anne Ave. N. #107 Seattle, WA 98109 www.seattle-reflexology.com | Dr. Ray McClanahan Neil McNeill, CR Nico Pauly, DO (Belgium) | Seattle Reflexology & Massage Ctr Lisa Hensell, Owner, Director of Education - (206) 284-8389 lhensell@netzero.net www.facebook.com/SeattleReflexology www.linkedin.com/SeattleReflexology | \$ 235 / 8 / \$29.37 \$ 295 / 16 / 18.43 \$ 375 / 14 / 26.79 |
| BREAST and CHEST MASSAGE w/ Barbara Helynn Heard | | | | | |
| August 4, 5 Saturday, Sunday 9:00 am - 6:00 pm | This course meets WA State training requirements in WAC 246-830-555 (effective on 7/30/17) for 16 hrs specialized training in breast massage. Training includes: a) breast anatomy and physiology b) pathology c) indications & contraindications d) appropriate therapist-client or patient boundaries e) draping requirements f) expected outcomes g) client/patient safety related to breast massage h) therapeutic treatment techniques. | Seattle, WA | Barbara Helynn Heard, LMT since 1996, teaching for 14 years and doing breast massage for over 20 years of practice. NCBTMB #1046 | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | \$ 295 w/ 1 wk adv \$ 325 after 16 \$ 18.44 /hr |
| PASSIVE STRETCHING, TABLE THAI & MORE: Lower & Upper w/Kay Rynerson | | | | | |
| 1) Lower Body: August 11 - Saturday 2) Upper Body: August 12 - Sunday 9:00 am to 6:00 pm | Learn passive stretches for every part of the client's lower body (Sat.) and upper body (Sun) in the supine, side lying and prone positions on the massage table. Also, learn specific treatment modalities for plantar fasciitis and carpal tunnel syndrome. Techniques include Table Thai (performed with the client on the table and the practitioner standing on the floor at all times), the 30-second stretch, fascial release & saltwater taffy method. | | Kay Rynerson, LMT, RTT, Author, The Thai Massage- Workbook and Passive Stretch Workbook. www.learnthaimassage.com | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | Each class: \$ 160 w/ 1 wk adv \$ 180 after 8 / \$20/hr Reg. for both & save \$25 |
| MUSCLE-SPECIFIC DEEP TISSUE TECHNIQUES w/Brian Utting | | | | | |
| 1) Aug. 11 - 10 to 7 pm 2) Aug. 12 - 10 - 2:30 pm 3) Oct. 24 - 2:30 to 7pm 4) Nov. 17 - 10 to 7 pm 5) Dec. 8 - 10 to 7 pm | Muscle Specific Deep Tissue: Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness 1) Chest and Shoulders 2) Back 3) Iliopsoas, Diaphragm & QL 4) Legs & Hips 5) Posterior, Lateral & Anterior Neck. | Seattle, WA | Brian Utting, LMT Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. NCBTMB #451040-09 | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | Early/Late Registration: 1, 4, 5) \$170 / \$190 2, 3) \$ 95 / \$ 110 1, 4, 5) 8 hrs / \$21.25/hr 2, 3) 4.5 hrs / \$21.11/hr |
| INJURY TREATMENT SERIES: KNEE & THIGH w/Pat O'Rourke | | | | | |
| August 19 Saturday 9:00 am to 6:00 pm | 1) Specific anatomy for the knee & surrounding structures 2) Assessment techniques for joint inflammation & ligament injury 3) Palpation: ligaments, muscles, tendons & fascial structures 4) Techniques for tx of injured structures 5) Simple mobilization of the sciatic nerve 6) Etiology, signs/symptoms & treatment strategies for patellofemoral syndrome, musculo-tendinous injuries and lateral/medial collateral ligament sprains. | Seattle, WA | Pat O'Rourke, LMT, CCST, KMI SI - Instructor for over 27 years. NCBTMB # 451290-10 | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | \$ 170 w/ 1wk adv. reg. \$ 190 after 8 \$ 21.25 hr |
| TREATING TMJ w/ Joe Rodin | | | | | |
| August 19 Saturday 10:00 am to 7:00 pm | Learn powerful techniques for freeing the mandible and TMJ and achieving profound relaxation. The techniques used are: passive compression, longitudinal and cross fiber friction, pin and stretch techniques, active stretching with contract/relax mobilization in ascending and descending chains. Learn how to teach stretches, jaw stabilizing and other TMJ reducing practices and self mobilization techniques for client self-care. | Seattle, WA | Joseph Rodin, LMT ('91) Certified Trager Practitioner Certified to teach Intro to Trager Worked w/ TMJ Orofacial Disor- ders Ctr - 6 yrs. NCBTMB #681 | Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | \$ 170 w/ 1 wk adv \$ 190 after 8 \$ 21.25 |
| VISCERAL MOBILIZATION: FREEING FASCIAL LAYERS AMONG THE ORGANS w/ Lauren Christman | | | | | |
| August 24, 25, 26 Friday - Sunday 9:30 am - 5:30 pm | Learn techniques to release fascial restrictions in the following abdominal organs: liver, gall bladder, stomach, spleen, small and large intestines, bladder and kidneys. The lungs, bronchi and mediastinum are included. We'll work with the client in a variety of positions, to give us flexibility and versatility when approaching the organs. Manual treatment will focus on mobilization, rather than motility, using direct and indirect contact. | Seattle, WA | Lauren Christman, LMT, CCST, KMI SI - Practitioner & interna' 1 instr; 18 yrs exp in KMI Structural Integration, Craniosac- ral & Visceral Manipulation. lauren@laurenchristman.com | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | \$ 410 21 \$ 19.52 /hr Save your spot with a \$100 deposit |
| MASSAGE CUPPING (MC) & INTRAORAL ENDORSEMENT w/ FASCIAL CUPPING w/ Jason Abbey | | | | | |
| MC Part 1: Aug 25, 26 IntraOral w/Fac. Cp.: Oct 27, 28 MC Part 1*: Nov 24, 25 | New format & content in 2018! A highly experiential hands-on course w/ a myriad of TX's for each of the different cups (glass, silicone, vacuum). Pathology TX, abdominal cupping, ROM, TMJ, contraindications, mktg MC, & how to integrate MC into practice. WA St. Intraoral/Facial Endorsement: TX's for TMJD, Headache, Bruxism, clicking, anti-aging Facial Massage Cupping TX, ancient Chinese technique of Gua Sha for face/neck. | Discovery Point School of Massage 420 E. Pike St, Seattle WA 98122 | Rev. Jason Abbey, LMT, MCT Instructor for Massage Cupping for 12 years. NCBTMB #450472-07 IntraoralMassageCE.com. | LIG INC. Rev. Jason Abbey (206) 992-4884 IntraoralMassageCE.com Jasonabbeylmp@gmail. | Each class: \$ 325* w/ 2 wks adv *mail-in reg. only \$ 16 /hr - ea. class |
| NEURAL RESET THERAPY® (NRT) | | | | | |
| Lower Body: September 15, 16 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm Upper Body: December 8, 9 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm | NRT is the first "Game Changing" style to come along since Neuromuscular Therapy (NMT) by Paul St. John in the early 90's. Fast, easy, painless (to therapist & patient) it allows the therapist to achieve extraordinary results for acute complaints and chronic conditions. Learn how to effectively, consistently, and predictably normalize muscle tonus almost instantly and not only release pain but unlock inflexible muscles & joints in minutes. For seasoned therapists, put the wonder & excitement back into your practice while extending your career. For newer therapists, build your practice quickly based on your excellent results! NCBTMB Approved | Dream Clinic 15436 Bel-Red Road Redmond, WA 98052* *Suburb of Seattle | Leif Grunseth, LMT, CNMT, ATC, NRT-M Pauline Chau, LMT, NKT, NRT-M NCBTMB Approved | Leif Grunseth (425) 307-1545 Messages (425) 941-4179 Cell leifgrunseth@hotmail.com Reg. Online for all Redmond (Seattle suburb) NRT work- shops at: www.leifgrunseth.com | Lower Body: \$ 445 bef. 9/1-16 /\$24.68 \$ 545 after /16 / \$30.24 Upper Body: \$ 445 bef. 11/24-16/\$24.68 \$ 545 after / 16 / \$30.24 |
| CRANIOSACRAL - A HEALING ART w/ Lauren Christman | | | | | |
| The Core Series and Certification begin November 14, 2018 | The Craniosacral Core Series & Craniosacral Certification The Core Series is a stand-a-lone program and consists of 4 Core Classes and 4 Integration Days. It serves as the foundation for the Certification Program, which provides far more in-depth training than the Core Series. The Certification Program is expressly designed for those who want to dedicate themselves to mastering craniosacral therapy. Certification builds upon the Core Series and offers practitioners the flexibility to tailor their program to their interests. It consists of the Core Series, 4 Elective Classes plus other out of class work. Next CS Intro Workshop October 12, 13, 14. NCBTMB #450788-08 | Seattle, WA | Lauren Christman, LMT, CCST, KMI SI Practitioner and international instructor; 18 yrs experience in KMI Structural Integration, Craniosacral and Visceral Manipulation. lauren@laurenchristman.com | Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com | Core Series: \$2,975 140 in-class hrs Certification: \$5,340 230 in-class hrs |
| EMPLOYMENT LAW w/Rachael Scott, BS, LMT | | | | | |
| Available on demand | Employees learn your rights, and employers learn your responsibilities. This course covers human resources, unemployment benefits, wage disputes, sick leave, worker classification, compensation laws and more! Check out my other courses: PIP Billing, Massage Marketing. | Learn from anywhere | Rachael Scott, BS, LMT MA00020214 connect@rachaelbodywork.com | www.path2practice.com | \$ 45 for 4 CE hours |

Register early to be assured a space in the classes of your choice!



CME *Continuing Education*

CALENDAR *for Therapeutic Massage/Bodywork*

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 AMTA 1-877-905-2700
 National Certification Board 1800-296-0664

To List in the CME Calendar *(This printed publication)*

- Cost 3/4" listing is \$180, cost increases by \$20 with each additional 1/4". Deadline for copy is the 10th for the following month. Listing a one line ad is \$50, under 4 hrs/less - fee for class must be less than \$80.
 - E-mail to: maxemum@comcast.net - a vertical list of your ad content starting with **Date, Day, Time** (drop 2 spaces down), **Course Title** and **Description** - approx. 50 words (drop 2 spaces down), **Location** (drop 2 spaces down), **Instructors** (drop 2 spaces down), **Sponsor/Contact/Telephone** (drop 2 spaces down), **Cost/Total hours/ Cost Per Hour**.
The CME always goes to press on the 20th of the month at 9:00 am - all changes and corrections must be in place before that time.
 - Upon receipt your ad the content will be placed in format for the printed CME Calendar and a proof forwarded to you for your review - this proof notice will include the cost of your ad (note: copy exceeding 3/4" is \$20 additional per 1/4", or line) a check for payment is expected to be mailed upon receipt of notice of the cost (this is not a 30 day pay) to: **Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009.**
Telephone: (206) 612-3343 / maxemum@comcast.net / Add/delete to e-mail list or mailing list: cme.subscription@gmail.com (PDF of printed copy).
 - The CME Calendar is mailed on or before the first of each month except for the month of December. **Call: (206) 612-3343 Cell/VM, (425) 576-9220 FAX.**
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About the CME Calendar - *Please be advised: The CME Calendar lists single topics and courses only, within any given advertisement.*

The mission of this publication is to encourage professional excellence through ongoing participation in continuing education, and enhance the profession of massage and bodywork therapy. Pro Education Associates, Inc. does not guarantee or assume responsibility for course content, quality or value to the participant. The printed CME Calendar reaches approximately 4,500 massage professionals each month. The on-line proeducationmassage.com is developing wide interest with the expanded internet possibilities. For additional information regarding any of the courses please contact the individual or institution as listed. Participants are urged to register well in advance of scheduled trainings to avoid possible cancellations due to slow incoming registrations. ***Please do not call the Calendar regarding information or registration for any given listing, or for a fax or telephone review of offerings, the Calendar is mailed, with a pdf available at: CME-Calendar.com***
Please do call immediately if you suspect an incorrect telephone number is listed.

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