

CME Continuing Education CALENDAR for Therapeutic Massage/Bodywork

June 2018

Date/s Day/s Time/s	Description	Location	Instructor/s	Sponsor / Contact Telephone / E-mail	Cost Total Cost Cost per Hour
SEATTLE REFLEXOLOGY and MASSAGE CENTER PRESENTS:					
<i>Ongoing Classes:</i>	Reflexology is an amazingly effective and relaxing form of bodywork that can help reduce stress, improve issues throughout the body, encourage optimal holistic health, and manage foot pain. Learn a complete one-hour sequence in our Introductory Reflexology course. We offer reflexology classes taught by local, national and international instructors. Class space is limited. Visit www.seattle-reflexology.com information.	Seattle Reflexology & Massage Center 419 Queen Anne Ave. N. #107 Seattle, WA 98109 www.seattle-reflexology.com	Seattle Reflexology & Massage Ctr Lisa Hensell, Owner, Director of Education - (206) 284-8389 lhensell@netzero.net www.facebook.com/SeattleReflexology www.linkedin.com/SeattleReflexology		
June 2-3 June 23, 24 June 30, July 1 July 28 Sept 10, 11	Advanced Reflexology, Part I Advanced Reflexology, Part II Introduction to Reflexology Achieving Natural Foot Health The Stress Response: A Sympathetic Nervous System, Hormonal & Immune Challenge		Lisa Hensell, LMT, NBCR Lisa Hensell, LMT, NBCR Jessica Crofoot, LMT, NBCR Dr. Ray McClanahan Nico Pauly, DO (Belgium)		\$300 / 14 / 21.43 \$300 / 14 / 21.43 \$295 / 16 / \$18.43 \$235 / 8 / \$29.37 \$375 / 14 / 26.79
<i>Two sections:</i> June 8, 9, 10 June 23, 24, 25 <i>1st days 12 - 6:00</i> <i>Days 2/3 - 9:00 - 6:00</i>	ZERO BALANCING REBALANCING BONE-HELD TENSION - - Bodywork, Zero Balancing Zero Balancing works with the energy and structure of bones. It is hands-on manual therapy that treats and re-balances bone-held tension to address underlying compensation mechanisms and enhance wellness. Learn to work with the skeletal system from head to toe. This work can be stand-alone or incorporated in what you already do. Approved for WA State LMPs, AMTA, NCBTMB, NCCAOM, APTA & Nurses.	Seattle, WA <i>Private home - Queen Ann</i> <i>Directions provided w/ registration</i>	Katie Chase, LMT, CZB, MBA katie@therapeuticmovement.com www.therapeuticmovement.com	Katie Chase, LMP,CZB,MBA katie@therapeuticmovement.com www.therapeuticmovement.com co/courses (206) 588-5665	<i>Normally:</i> \$ 595 - \$ 795 <i>Currently:</i> \$ 495 25 / hr cr / \$19.80 / hr
1) June 23, 24 2) July 7, 8 3) July 21, 22 9:00 am to 5:00 pm	MYOPATHIC MUSCULAR THERAPY - Osteopathic Principles Basic Level - Full body. No oil. Hands-on. Designed to provide relief for acute and chronic soft tissue injuries. Consists of Joint mobilization and neuro-muscular re-education techniques. No stress on the therapist. Have a long life career doing what you love w/o hurting yourself in the process. <i>The workshop is limited to 10 participants.</i>	Myopathic Muscular Therapy Clinic 4610 200th St. SW, # N Lynnwood, WA 98036	Osmarina Santana, LMT, MyP, NCBTMB Board Cert'd 25 years clinical experience omvalsan@gmail.com	MMTC (425) 712-0852 myopathictherapy.com	\$ 295 3 wks adv. reg. \$ 345 after 14 / \$21.08 / \$ 24.65 Free demo! - 15 min. Whiplash Technique
June 23 Saturday 8:30 to 5:30 pm	FIRST BARRIER OF RESISTANCE: The Key to Highly Effective Myofascial Release Treatment Introductory Experiential Class exploring the mechanisms of highly effective myofascial release therapy. Learn to recognize the first barrier of resistance which is the key to releasing structural tightness and pain. Bring presence throughout the process of assessment and treatment, using minimal force that produces lasting results. Develop effective touch that is deep, but never aggressive. Learn to sense and engage tightness in the body three-dimensionally. Experiential learning through self-treatment and treating others. Maximum 12 participants for individual attention. NCBTMB# 1448 Expanded class description at: http://www.cedronsterling.com/upcoming-courses	Wu Hsing Tao School of Acupuncture Seattle, WA	Cedron Sterling, LMT Expert Level MFR Practitioner LMT since 1982	Cedron Sterling, LMT Cedron@CedronSterling.com (206) 972-3486	\$ 180* w/ 2 wks adv. reg \$ 200 * after 8 / hr - \$25 * Price incl. an extensive myofascial self-care manual, inflatable exercise balls, & pump.
<i>Upper Body:</i> June 23, 24 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm <i>Lower Body:</i> September 15, 16 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm	NEURAL RESET THERAPY® (NRT) NRT is the first "Game Changing" style to come along since Neuromuscular Therapy (NMT) by Paul St. John in the early 90's. Fast, easy, painless (to therapist & patient) clicking, TMJ related inner ear, Mandible deviation TX's, anti-aging Facial Massage Cupping treatments, ancient & time of honored Chinese Medicine technique of Gua Sha on the face/neck. Massage Cupping Pt.1: Students learn a myriad of applications pertaining to each of the different cups. Pathology TX, abdominal cupping, ROM, contraindications.	Dream Clinic 15436 Bel-Red Road Redmond, WA 98052* <i>*Suburb of Seattle</i>	Leif Grunseth, LMT, CNMT, ATC, NRT-M Pauline Chau, LMT, NKT, NRT-M NCBTMB Approved	Leif Grunseth (425) 307-1545 <i>Messages</i> (425) 941-4179 <i>Cell</i> leifgrunseth@hotmail.com Reg. Online for all Redmond (Seattle suburb) NRT workshops at: www.leifgrunseth.com	<i>Upper Body:</i> \$ 445 bef. 6/9 /16/\$24.68 \$ 545 after / 16 / \$30.24 <i>Lower Body:</i> \$ 445 bef. 9/1 -16 /\$24.68 \$ 545 after /16 / \$30.24
<i>IOM w/Facial Cupping:</i> June 23, 24 <i>MC Part 1:</i> August 25, 26	INTRAOURAL MASSAGE ENDORSEMENT & FASCIAL MASSAGE CUPPING <i>Satisfies WA req. for IOM Endorsement.</i> Learn TX's for TMJD, Headache, Bruxism, TMJ clicking, TMJ related inner ear, Mandible deviation TX's, anti-aging Facial Massage Cupping treatments, ancient & time of honored Chinese Medicine technique of Gua Sha on the face/neck. Massage Cupping Pt.1: Students learn a myriad of applications pertaining to each of the different cups. Pathology TX, abdominal cupping, ROM, contraindications.	Discovery Point School of Massage 420 E. Pike St, Seattle WA 98122	Rev. Jason Abbey, LMT, MCT Instructor of Massage Cupping for 11 years. NCBTMB #450472-07 IntraoralMassageCE.com .	LIG INC. Rev. Jason Abbey (206) 992-4884 IntraoralMassageCE.com Jasonabbeylmp@gmail.com	\$ 325* w/ 3 wks adv *mail-in reg \$ 20 /hr - each class \$ 350 after/PayPal 16 / \$20 / hr
July 8 Sunday 9:00 am to 6:00 pm	FINGERTIP and ELBOW TREATMENT TECHNIQUES w/ Dawn Schmidt Assess & treat the elbow, forearm, wrist, hand & digits. Also, related shoulder & upper arm structures will be addressed to optimize hand and forearm treatment results. Explore the structure, function and common conditions of the retinaculum, ligaments, tendons, bones and joints, structural alignment of the elbow forearm and hand. Apply myofascial, structural decompression and unwinding techniques to treat these important structures.	Seattle, WA	Dawn Schmidt, LMT - Previous Dir. of Ed Brenneke School of Massage & Cortiva, current adj. faculty Bastyr Univ., 28 yrs teaching exp. NCBTMB # 451818-11	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 21.25 / hr
July 14 Saturday 9:00 am - 6:00 pm	HEARTSPIRE LOMILOMI HAWAIIAN MASSAGE ~ A Touch of Warmth and Aloha from the Islands w/ Kim Hartley LomiLomi Shoulder & Scapula Dance: A Union of the Sacred Marriage - In Heartspire Lomilomi, the scapulas represent the altar of the mother and father within. We work with flow and flush around, on top, and underneath, lifting, stretching, opening and freeing the tissue, rooting out what does not serve from our lineage, to free up the truth of the feminine and masculine within. When the union of the sacred marriage is in place we offer our client's the opportunity to feel open hearted and spacious in their shoulder girdle, nurtured, and contained within themselves.	Seattle, WA	Kim Hartley, LMT since 1990 Teaching since 1994. Kim brings joy, enthusiasm, and aloha to her teaching. NCBTMB #450029-06	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 21.25 /hr Bring a friend - discounts are available.
<i>1) Ethics:</i> July 14 Saturday 10:00 am to 2:00 pm <i>2) Resetting:</i> July 15 Sunday 9:00 am - 6:00 pm	ETHICS & RESETTING THE BODY AFTER TRAUMA w/ Joe Rodin 1) Mindful Massage--Working with Human Vulnerabilities (Ethics): Within the relationship between massage therapist and client, the client offers an extremely deep level of personal and emotional access, more than in almost any other relationship. In this group, we'll open to the various thoughts and feelings that come with being healthcare professionals who are also flawed and human and how they can guide our growth, making us better resources to those in our care. 2) Resetting: When trauma occurs, our bodies & minds wall off the effects so we can function. While this has value initially, over time it impales our innate sense of wholeness. In this class, you will assist this process by learning to: a) restore balance within the sensory-motor nervous system b) attune and respond to clients with emphatic resonance both verbally and somatically c) facilitate the release of unnecessary, protective patterning.	Seattle, WA	Joseph Rodin, LMT (*91) Certified Trager Practitioner Certified to teach Intro to Trager classes. MA in Psychology with /16 years in practice as counselor and in psychotherapy. NCBTMB #681.	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	<i>1) Ethics:</i> \$ 80 w/ 1 wk adv \$ 90 after 4 / \$20 <i>1) Resetting:</i> \$ 170 w/ 1 wk adv \$ 190 after 8 / \$21.25 Reg. for both, save \$25
July 18 - 22 July 23 - 25 Sat. 1:30 - 6:00 pm Sun. 9:00 - 3:30 pm	TAOIST MEDICAL QIGONG Summer Retreats - Join us for these intensive trainings, featuring Pearl of the Moon, Six Steps for Projecting Qi, Magic Square Abdominal Qigong and much more. Learn to increase your healing capacity, recharge yourself, and develop your healing hands to enhance your work as a therapist! Visit our website for more details - www.linggui.org	Portland, OR www.linggui.org info@linggui.org	Dr. Liu Dong, Qigong Master, Doctor of Oriental Medicine Master Liu He, World renowned Qigong Master & Author	Ling Gui International Healing Qigong School (503) 380-5814 or (206) 817-4117	<i>5 day Retreat:</i> \$ 510 / \$545 <i>3 day Retreat:</i> \$ 390 / \$ 425
<i>1) Infants:</i> July 20, 21, 22 Friday - Sunday 9:30 am to 5:30 pm <i>The Core Series and Certification begin</i> November 15, 2018	CRANIOSACRAL - A HEALING ART w/ Lauren Christman 1) Craniosacral for Infants (0-12 mos): Review the birth process with an eye toward the structural implications for the infant. Learn treatment for common newborn conditions such as torticollis, cranial/facial molding, shoulder dystocia, colic, feeding problems, and disrupted sleep patterns. This class includes a clinic to allow students to practice on volunteer infant models in a supervised setting. Pre-requisite: Previous training in cranial or visceral work is preferable, but not necessary. The Craniosacral Core Series & Craniosacral Certification The Core Series is a stand-a-lone program and consists of 4 Core Classes and 4 Integration Days. It is the foundation for learning upon which the Certification Program is built. The Certification Program is expressly designed for those who want to dedicate themselves to mastering craniosacral therapy. Certification builds upon the Core Series and offers practitioners the flexibility to tailor their program to their interests. It consists of the Core Series, 4 Elective Classes plus other out of class work. Next CS Intro Workshop Oct 13-15. NCBTMB #450788-08	Seattle, WA	Lauren Christman, LMT, CCST, KMI SI Practitioner and international instructor; 18 yrs experience in KMI Structural Integration, Craniosacral and Visceral Manipulation. lauren@laurenchristman.com	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	<i>1) Infants:</i> \$ 410 21 / \$19.52 /hr Save your spot with a \$100 deposit <i>Core Series:</i> \$2,975 140 in-class hrs <i>Certification:</i> \$5,340 230 in-class hrs
<i>1) LumboSacral Ligs:</i> July 21 - Saturday <i>2) Neck Ligaments:</i> July 22 - Sunday 10:00 am - 7:00 pm	ASSESSMENT and TREATMENT of the LUMBOSACRAL & NECK LIGAMENTS w/ Brian Utting Ligaments are both slow to heal and often overlooked when treating clients with injuries or chronic pain. Learn to palpate and treat some of the most commonly injured ligaments in the low back, pelvis and neck. Saturday: 1) Assessment & Treatment of the LumboSacral Ligaments. Sunday: 2) Assessment and Treatment of the Neck Ligaments. Clients often notice a decrease in pain & a sense of lightness & freedom of movement. A primary focus is to help you refine your accuracy in both palpation & treatment, & to help develop more confidence, specificity & thoroughness in your tx.	Seattle, WA	Brian Utting, LMT Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. NCBTMB #451040-09.	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	<i>Each class:</i> \$ 170 w/ 1 wk adv. reg. \$ 190 after 8 \$ 21.25 /hr Register for both classes and save \$45
<i>Available on demand</i>	EMPLOYMENT LAW w/Rachael Scott, BS, LMT Employees learn your rights, and employers learn your responsibilities. This course covers human resources, unemployment benefits, wage disputes, sick leave, worker classification, compensation laws and more! Check out my other courses: PIP Billing, Massage Marketing.	<i>Learn from anywhere</i>	Rachael Scott, BS, LMT MA00020214 connect@rachaelscottbodywork.com	www.path2practice.com	\$ 45 for 4 CE hours

Register early to be assured a space in the classes of your choice!

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To List in the CME Calendar (*This printed publication*)

- Cost 3/4" listing is \$180, cost increases by \$20 with each additional 1/4". Deadline for copy is the 10th for the following month. Listing a one line ad is \$50, under 4 hrs/less - fee for class must be less than \$80.
 - E-mail to: maxemum@comcast.net - a vertical list of your ad content starting with **Date, Day, Time** (*drop 2 spaces down*), **Course Title** and **Description** - approx. 50 words (*drop 2 spaces down*), **Location** (*drop 2 spaces down*), **Instructors** (*drop 2 spaces down*), **Sponsor/Contact/Telephone** (*drop 2 spaces down*), **Cost/Total hours/ Cost Per Hour**.
The CME always goes to press on the 20th of the month at 9:00 am - all changes and corrections must be in place before that time.
 - Upon receipt your ad the content will be placed in format for the printed CME Calendar and a proof forwarded to you for your review - this proof notice will include the cost of your ad (note: copy exceeding 3/4" is \$20 additional per 1/4", or line) a check for payment is expected to be mailed upon receipt of notice of the cost (this is not a 30 day pay) to: **Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009**.
Telephone: (206) 612-3343 / maxemum@comcast.net / Add/delete to e-mail list or mailing list: cme.subscription@gmail.com (PDF of printed copy).
 - The CME Calendar is mailed on or before the first of each month except for the month of December. **Call: (206) 612-3343 Cell/VM, (425) 576-9220 FAX.**
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About the CME Calendar - *Please be advised: The CME Calendar lists single topics and courses only, within any given advertisement.*

The mission of this publication is to encourage professional excellence through ongoing participation in continuing education, and enhance the profession of massage and bodywork therapy. Pro Education Associates, Inc. does not guarantee or assume responsibility for course content, quality or value to the participant. The printed CME Calendar reaches approximately 4,500 massage professionals each month. The on-line proeducationmassage.com is developing wide interest with the expanded internet possibilities. For additional information regarding any of the courses please contact the individual or institution as listed. Participants are urged to register well in advance of scheduled trainings to avoid possible cancellations due to slow incoming registrations.
Please do not call the Calendar regarding information or registration for any given listing, or for a fax or telephone review of offerings, the Calendar is mailed, with a pdf available at: CME-Calendar.com
Please do call immediately if you suspect an incorrect telephone number is listed.

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