

CME Continuing Education CALENDAR for Therapeutic Massage/Bodywork

April 2018

Date/s Day/s Time/s	Description	Location	Instructor/s	Sponsor / Contact Telephone / E-mail	Cost Total Cost Cost per Hour
SEATTLE REFLEXOLOGY and MASSAGE CENTER PRESENTS:					
	Reflexology is an amazingly effective and relaxing form of bodywork that can help reduce stress, improve issues throughout the body, encourage optimal holistic health, and manage foot pain. Learn a complete one-hour sequence in our Introductory Reflexology course. We offer reflexology classes taught by local, national and international instructors. Class space is limited. Visit www.seattle-reflexology.com for more information.	Seattle Reflexology & Massage Center 419 Queen Anne Ave. N. #107 Seattle, WA 98109 www.seattle-reflexology.com	Seattle Reflexology & Massage Center Lisa Hensell, Director of Education (206) 284.8389 seattlereflexology@gmail.com www.seattle-reflexology.com www.facebook.com/SeattleReflexology		
Ongoing Classes					
April 7, 8	Structural Analysis of the Foot & Lower Leg		Jessica Crofoot, LMT, CR		\$ 300 / 16 / \$18.75
April 12	Frontier Biology		Peter Lund Frandsen (Denmark)		\$ 85 / 3 / \$28.33
April 12, 13	Round About: the Arm & Hand		Dorthe Krosggaard & Peter Lund Frandsen (Denmark)		\$ 375 / 14 / \$26.79
April 22	Ethics for Bodyworkers		Pam Foster, LMT, CR		\$ 100 / 4 / \$25
April 28, 29	Fundamentals in Addressing Foot Pain		Jessica Crofoot, LMT, CR		\$ 300 / 16 / \$18.75
May 19, 20	Introduction to Reflexology		Neil McNeill, NBCR		\$ 295 / 16 / \$18.43
CE Classes in Post Falls, ID (20 miles east of Spokane, 10 mins west of Coeur d'Alene)					
1) Lomi Prone: April 7 Sat. 9 am/6 pm	1) Heartspire LomiLomi Prone	American Institute of Clinical Massage, Post Falls, ID	1&2) Kim Hartley, LMT NCBTMB #450029-06	Therapeutic Training Ctr. Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	1&2) Each Class: \$ 170 / 8 / \$21.25/hr Reg. for both & save \$30
2) Lomi Supine: April 8 Sun. 9 am/6 pm	2) Heartspire LomiLomi Supine		3&4) Dawn Schmidt LMT NCBTMB #451818-11		3) Diaphragm: \$ 170 w/ 1 wk adv \$ 190 after / 8 / \$21.25/hr
3) Diaphragm: April 28 Sat. 9 am/6 pm	3) Diaphragm: Myofascial Connections Beyond Breath		5&6) Debbie DeNardo, LMT; 16 yrs massage exp; trained by and primary instructor of Lolita Knight, founder of these techniques. NCBTMB #307802-00		4) Ethics: \$ 80 w/ 1 wk adv \$ 90 after / 4 / \$20/hr Reg. for Diphgram & Ethics save \$25
4) Ethics: Apr. 29 Sun. 10 am/2 pm	4) Business Ethics (satisfies NCBTMB, ID, WA Ethics)		7 & 8) Brian Utting, LMP founder/owner Brian Utting School of Massage 1982-2006; 34 years teaching exp. NCBTMB #451040-09		5) Chinese Facial Massage & TMJ Techniques: Learn and experience a relaxing and rejuvenating facial massage engaging 25 pressure points. Eastern & Western techniques help tone, uplift, remove tension, reduce facial lines and increase circulation to the face. Facial massage can also benefit Bells Palsy, facial tics, eye droop, sinus problems, eyesight (near and far) and TMJ problems.
5) Indian Head: May 6. Sat. 9am/6pm	5) Indian Head Massage for Chair & Table: This technique is delivered with the client fully clothed using any chair or as part of a complete bodywork session using a table. Students will learn pressure points, tension relieving strokes for the head and neck and how to deliver the technique with or without oil. Indian Head Massage encourages relaxation and the benefits to the client are many--a blissful technique clients will love!				6) Ethics Each Class: \$ 165 w/ 1 weeks adv \$ 185 after / 8 / \$20.62/hr Register for both classes and save \$35
6) Chinese Facial: May 7 Sun. 9am/6pm	6) Indian Head Massage for Chair & Table: This technique is delivered with the client fully clothed using any chair or as part of a complete bodywork session using a table. Students will learn pressure points, tension relieving strokes for the head and neck and how to deliver the technique with or without oil. Indian Head Massage encourages relaxation and the benefits to the client are many--a blissful technique clients will love!				7) Ligaments: \$ 170 w/ 1 wk adv \$ 190 after / 8 / \$21.25/hr
7) Ligaments: May 19 Sat. 10am/7pm	7) Assessment and Treatment of the Lumbar & Sacral Ligaments: Palpate and treat some of the most commonly injured ligaments in the low back and pelvis, such as the iliolumbar, intertransverse, sacroiliac, sacrotuberous, supraspinous, and interspinous ligaments, as well as a few key postural muscles.				8) Deep Tissue: \$ 95 w/ 1 wk adv \$ 110 after / 4 / \$21.11/hr Reg. for both "Ligs" & "DT" and save \$25
8) Deep Tissue: May 20 Sun. 10am/2:30	8) Muscle-Specific Deep Tissue Techniques for the Iliopsoas, Diaphragm & QL: Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness for the iliopsoas, diaphragm & quadratus lumborum.				
ETHICS CLASSES w/Kay Rynerson, Dawn Schmidt & Joe Rodin					
1) April 14 - Saturday	1) Business Ethics -- Dawn	Seattle, WA	Kay Rynerson, LMT, RTT	Therapeutic Training Ctr. Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	Each class: \$ 80 w/ 1 wk adv reg \$ 90 after
2) May 9 - Wednesday	2) The Ethics of Treating the Whole Client -- Joe		Dawn Schmidt, LMT		4
3) June 9 - Saturday	3) Ethics for Washington LMTs -- Kay & Dawn		Joe Rodin, LMT		\$ 20
4) July 14 - Saturday	4) Working with Human Vulnerabilities in our Clients and Ourselves (Ethics) -- Joe				
Times Vary	Each Class Satisfies NCBTMB & WA Ethics				
BREAST and CHEST MASSAGE w/ Barbara Helyn Heard					
May 5, 6 Saturday, Sunday 10:00 am to 7:00 pm	This course meets WA State training requirements in WAC 246-830-555 (effective on 7/30/17) for 16 hrs specialized training in breast massage. Training includes: a) breast anatomy and physiology b) pathology c) indications & contraindications d) appropriate therapist-client or patient boundaries e) draping requirements f) expected outcomes g) client/patient safety related to breast massage h) therapeutic treatment techniques.	Seattle, WA	Barbara Helynn Heard, LMT since 1996, teaching for 14 years and doing breast massage for over 20 years of practice. NCBTMB #1046	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 295 w/ 1 wk adv reg \$ 325 after 16 \$ 18.44
MYOFASCIAL BALANCING: Balance in the Hips, Legs, Knees & Feet w/ Richard Polishuk, assisted by Lauren Christ-					
May 5, 6 Saturday, Sunday 9:00 am to 6:00 pm	Balance and stability in standing and walking are built from the ground up. We will evaluate and treat: balance and mobility within the foot and ankle; the dynamics of the tibia, fibula and interosseus membrane; and the larger alignment patterns involving arches, ankle, knee, and hip. Our primary focus is assessment-driven myofascial work. . NCBTMB #450788-08	Seattle, WA	Richard Polishuk, LMT, Aston Partner. Lauren Christman, LMT, SI/KMI, CCST. Over 49 yrs comb'd exp. Teaching intra-oral, peds, structural bdywk injury	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 320 w/ 1 wk adv \$ 350 after 16 \$ 20 / hr
MUSCLE-SPECIFIC DEEP TISSUE TECHNIQUES & EVALUATION & TX OF SHOULDER IINJURIES w/Brian Utting					
1) May 12 - 10-7 pm	1-4) Muscle Specific Deep Tissue: Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness 1) Posterior, Lateral & Anterior Neck 2) Legs & Hips 3) Chest and Shoulders 4) Back 5) Iliopsoas, Diaphragm & QL.	Seattle, WA	Brian Utting, LMT Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. NCBTMB #451040-09	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	Early/Late Registration 1, 2, 3) \$ 170 / \$ 190 4, 5) \$ 95 / \$110 1, 2, 3) 8 hrs / \$21.25/hr 4, 5) 4.5 hrs / \$21.11/hr
2) June 2 - 10-7 pm					
3) Aug. 11 - 10-7pm					
4) Aug. 12 - 2:30 - 7 pm					
5) Oct. 24 - 2:30 - 7 pm					
TAOIST MEDICAL QIGONG					
May 12 - 13 Sat. 1:30 - 6:00 pm Sun. 9:00 - 3:30 pm	Yuan Shen "Original Spirit" Join us for this powerful method to awaken your healing hands by activating your kidney's five prenatal qi to nourish your internal organs, bringing abundant qi to your body and activating the Lao Gong acupoint in your hands. Beneficial for any bodywork practitioner! Visit website for more details - www.linggui.org	Seattle, WA	Dr. Liu Dong, internationally acclaimed Qigong Master and Doctor of Oriental Medicine	Ling Gui International Healing Qigong School (503) 380-5814 or (206) 817-4117 www.linggui.org info@linggui.org	Qigong: \$ 225 / 255
July 18 - 22 July 23 - 25 Sat. 1:30 - 6:00 pm Sun. 9:00 - 3:30 pm	Summer Retreats - Join us for these intensive trainings, featuring Pearl of the Moon, Six Steps for Projecting Qi, and much more. Learn to increase your healing capacity, recharge yourself, and develop your healing hands to enhance your work as a therapist! Visit website for more details - www.linggui.org	Portland, OR	Master Liu He World Renowned Qigong Master & Author		5 day Retreat: \$510 / \$545 3 day Retreat: \$ 390 / 425
CRANIOSACRAL ~ A HEALING ART w/ Lauren Christman					
May 18, 19, 20 Friday - Sunday 9:30 am - 5:30 pm Next Core Series and Cert Programs begin November 15, 2018	Craniosacral Introductory Workshop: Learn fundamental Craniosacral techniques, related anatomy and physiology for a complete cranial treatment. Develop the true foundation for this work: your intuition, an open heart, sensitive hands, inner stillness and the ability to listen deeply. Let the healing artist in you be evoked with the poetry and beauty of this work. <i>The Intro Workshop is a prerequisite for Core Series/Cert.</i>	Seattle, WA	Lauren Christman, LMT, CCST, CBSI/KMI, lauren@ craftedtouch.com - www.craftedtouch.com - 23 yrs teaching exp. NCBTMB 450788-08	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	CS Intro Workshop: \$ 395 21 hrs \$ 18.81 / hr
HEARTSPIRE LOMILOMI HAWAIIAN MASSAGE ~ A Touch of Warmth and Aloha from the Islands w/ Kim Hartley					
1) Prone: May 19 - Saturday	Heartspire Lomi Loku -- Deep Tissue Hawaiian Style: Prone - Learn effective lomi loku strokes alongside the spine, hips, sacrum, scapula, legs and feet.	Seattle, WA	Kim Hartley, LMT since 1990 Teaching since 1994 bringing joy, enthusiasm, aloha to her classes. Asst'd by Jim Hartley, LMP NCBTMB #450029-06	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com	Each class: \$ 170 w/ 1 wk adv \$ 190 after 8 / \$21.75 Reg. for both, save \$30
2) Supine: May 20 - Sunday 10:00 am - 7:00 pm	Supine - Learn effective lomi loku chest and rib work over the drape. We will also learn some deep belly work including emptying out, and the deep colon drain, with permission from our client				
REJUVENATION AND LONGEVITY RETREAT w/Caryn Boyd Diel					
May 26, 27, 28 Saturday 9:00 am to Monday 8:00 pm	Learn the finest Taoist practices to nurture your chi and enhance your health. Spring is the perfect time to Cleanse. Learn Qigong, Meditation, lymph massage, Dream Practice, I Ching and sensible ways to detoxify. Make congees and tea for Spring cleansing. www.WhiteCloudInstitute.com - NCBTMB 284826-00	Bellingham, WA NW Washington state. (Call for directions)	Caryn Boyd Diel, MS Ed, LMT Founder, White Cloud Institute Senior Healing Tao Instructor	White Cloud Institute email: WhiteCloudNM@aol.com phone: (505) 670-3538	\$ 450* 27 hrs \$ 17 per hr *Lodging & meals not included.
NEURAL RESET THERAPY® (NRT)					
Upper Body: June 23, 24 Sat. 9:00 am - 6:30 pm Sun. 9:00 am - 5:30 pm	NRT is the first "Game Changing" style to come along since Neuromuscular Therapy (NMT) by Paul St. John in the early 90's. Fast, easy, painless (to therapist & patient) it allows the therapist to achieve extraordinary results for acute complaints and chronic conditions. Learn how to effectively, consistently, and predictably normalize muscle tonus almost instantly and not only release pain but unlock inflexible muscles & joints in minutes. For seasoned therapists, put the wonder & excitement back into your practice while extending your career. For newer therapists, build your practice quickly based on your excellent results! NCBTMB Approved	Dream Clinic 15436 Bel-Red Road Redmond, WA 98052* *Suburb of Seattle	Leif Grunseth, LMT, CNMT, ATC, NRT-M Pauline Chau, LMT, NKT, NRT-M NCBTMB Approved	Leif Grunseth (425) 307-1545 Messages (425) 941-4179 Cell leifgrunseth@hotmail.com Reg. Online for all Redmond (Seattle suburb) NRT workshops at: www.leifgrunseth.com	Upper Body: \$ 445 bef. 6/9 /16/\$24.68 \$ 545 after / 16 / \$30.24
Lower Body: September 15, 16 Sat. 9:00 am - 6:30 pm Sun. 9:00 am - 5:30 pm					Lower Body: \$ 445 bef. 9/1-16 /\$24.68 \$ 545 after /16 / \$30.24

Lift up - more classes listed on back - - Lift up - more classes listed on back - - Lift up - more classes listed on back



CME *Continuing Education*

CALENDAR *for Therapeutic Massage/Bodywork*

PRESRT STD
U. S. Postage
PAID
Savage Color

P.O. BOX 862, BELLEVUE, WA 98009

Return Service Requested

FOR INFORMATION REGARDING CE REQUIREMENTS

State of Washington **1-360-236-4847**
 AMTA **1-877-905-2700**
 National Certification Board **1800-296-0664**

To List in the CME Calendar *(This printed publication)*

- Cost 3/4" listing is \$180, cost increases by \$20 with each additional 1/4". Deadline for copy is the 10th for the following month. Listing a one line ad is \$50, under 4 hrs/less - fee for class must be less than \$80.
 - E-mail to: maxemum@comcast.net - a vertical list of your ad content starting with **Date, Day, Time** (drop 2 spaces down), **Course Title** and **Description** - approx. 50 words (drop 2 spaces down), **Location** (drop 2 spaces down), **Instructors** (drop 2 spaces down), **Sponsor/Contact/Telephone** (drop 2 spaces down), **Cost/Total hours/ Cost Per Hour**.
The CME always goes to press on the 20th of the month at 9:00 am - all changes and corrections must be in place before that time.
 - Upon receipt your ad the content will be placed in format for the printed CME Calendar and a proof forwarded to you for your review - this proof notice will include the cost of your ad (note: copy exceeding 3/4" is \$20 additional per 1/4", or line) a check for payment is expected to be mailed upon receipt of notice of the cost (this is not a 30 day pay) to: **Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009.**
Telephone: (206) 612-3343 / maxemum@comcast.net / Add/delete to e-mail list or mailing list: cme.subscription@gmail.com (PDF of printed copy).
 - The CME Calendar is mailed on or before the first of each month except for the month of December. **Call: (206) 612-3343 Cell/VM, (425) 576-9220 FAX.**
-
-

About the CME Calendar - *Please be advised: The CME Calendar lists single topics and courses only, within any given advertisement.*

The mission of this publication is to encourage professional excellence through ongoing participation in continuing education, and enhance the profession of massage and bodywork therapy. Pro Education Associates, Inc. does not guarantee or assume responsibility for course content, quality or value to the participant. The printed CME Calendar reaches approximately 4,500 massage professionals each month. The on-line proeducationmassage.com is developing wide interest with the expanded internet possibilities. For additional information regarding any of the courses please contact the individual or institution as listed. Participants are urged to register well in advance of scheduled trainings to avoid possible cancellations due to slow incoming registrations.
Please do not call the Calendar regarding information or registration for any given listing, or for a fax or telephone review of offerings, the Calendar is mailed, with a pdf available at: CME-Calendar.com
Please do call immediately if you suspect an incorrect telephone number is listed.

Maxine Bailey, LMP, Publisher, Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009, (206) 612-3343 cell/voice mail - FAX (425) 576-9220 - maxemum@comcast.net

