

# CME Continuing Education CALENDAR for Therapeutic Massage/Bodywork

May 2018

Date/s Day/s Time/s	Description	Location	Instructor/s	Sponsor / Contact Telephone / E-mail	Cost Total Cost Cost per Hour
<b>CE Classes in Post Falls, ID (20 miles east of Spokane, 10 mins west of Coeur d'Alene)</b>					
1) <i>Indian Head:</i> May 5. Sat. 9am/6pm	<b>1) Indian Head Massage for Chair &amp; Table:</b> This technique is delivered with the client fully clothed using any chair or as part of a complete bodywork session using a table. Students will learn pressure points, tension relieving strokes for the head and neck and how to deliver the technique with or without oil. Indian Head Massage encourages relaxation and the benefits to the client are many—a blissful technique clients will love!	American Institute of Clinical Massage, Post Falls, ID	1&2) <b>Debbie DeNardo, LMT;</b> 16 yrs massage exp; trained by and primary instructor of Lolita Knight, founder of these techniques. NCBTMB #307802-00	Therapeutic Training Ctr. Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	1&2) <i>Each Class:</i> \$ 165 w/ 1 weeks adv \$ 185 after / 8 / \$20.62/hr <b>Register for both classes and save \$35</b>
2) <i>Chinese Facial:</i> May 6 Sun. 9am/6pm	<b>2) Chinese Facial Massage &amp; TMJ Techniques:</b> Learn and experience a relaxing and rejuvenating facial massage engaging 25 pressure points. Eastern & Western techniques help tone, uplift, remove tension, reduce facial lines and increase circulation to the face. Facial massage can also benefit Bells Palsy, facial tics, eye droop, sinus problems, eyesight (near and far) and TMJ problems.				
3) <i>Ligaments:</i> May 19 Sat. 10am/7pm	<b>3) Assessment and Treatment of the Lumbar &amp; Sacral Ligaments:</b> Palpate and treat some of the most commonly injured ligaments in the low back and pelvis, such as the iliolumbar, intertransverse, sacroiliac, sacrotuberous, supraspinous, and interspinous ligaments, as well as a few key postural muscles.		3 & 4) <b>Brian Utting, LMP</b> founder/owner Brian Utting School of Massage 1982-2006; 34 yrs teaching exp. NCBTMB #451040-09		3) <i>Ligaments:</i> \$ 170 w/ 1 wk adv \$ 190 after / 8 / \$21.25/hr
4) <i>Deep Tissue:</i> May 20 Sun. 10am/2:30	<b>4) Muscle-Specific Deep Tissue Techniques for the Iliopsoas, Diaphragm &amp; QL:</b> Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness for the iliopsoas, diaphragm & quadratus lumborum.				4) <i>Deep Tissue:</i> \$ 95 w/ 1 wk adv \$ 110 after / 4 / \$21.11/hr <b>Reg. for both "Ligs" &amp; "DT" and save \$25</b>
<b>ETHICS CLASSES w/Kay Rynerson, Dawn Schmidt, Joe Rodin, Marybeth Berney &amp; Lavon Watson</b>					
1) May 9 - Wednesday 2) June 9 - Saturday 3) July 14 - Saturday 4) Aug. 12 - Sunday Times Vary	<b>1) The Ethics of Treating the Whole Client -- Joe (NCBTMB)</b> <b>2) Ethics for Washington LMTs -- Kay &amp; Dawn (NCBTMB)</b> <b>3) Working w/ Human Vulnerabilities in our Clients &amp; Ourselves -- Joe (NCBTMB)</b> <b>4) Risk vs. Reward – Massage on the Ethical Edge Lavon &amp; Marybeth</b> Each Class Satisfies WA Ethics	Seattle, WA	<b>Kay Rynerson, LMT, RTT</b> <b>Dawn Schmidt, LMT</b> <b>Joe Rodin, LMT</b> <b>Lavon Watson, LMT</b> <b>Marybeth Berney, LMT</b>	Therapeutic Training Ctr. Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	<i>Each class:</i> \$ 80 w/ 1 wk adv reg \$ 90 after 4 \$ 20
<b>STRUCTURAL RELIEF THERAPY . . . Creating New Muscle Memory (SRT)</b>					
1) May 12 Shldr, Arm, Hand 2) May 19, 20 Hip, Ur Leg, Knee 3) Jun 2, 3 Low Back, Pelvis 4) June 4 Shldr, Arm, Hand 5) Jun 30 Neck 6) July 7, 8 Hip, Upr Leg, Knee 7) More dates/loc - SRT website	SRT is based on Osteopathic principles & is effective on complex & chronic conditions. Taya has developed this essential tool into an efficient protocol that stops involuntary muscle contraction, greatly increases ROM, instantly changes posture, & dramatically decreases pain in the first treatment. Fun classes & detailed manual. New & experienced LMT's love SRT. No oil, gentle on you, & clients exclaim, "It's like magic; my pain is gone!" NCBTMB Approved Provider #450706-08	1) Port Orchard, WA 2) Post Falls, ID 3) Lake Stevens, WA 4) Lake Stevens, WA 5) Port Orchard, WA 6) Lake Stevens, WA 7) See SRT website	<b>Taya Countryman, LMT</b> <b>Debbie Cutter, LMT</b> 50 yrs comb clinical experience. 42 yrs comb advanced instructor. Taya@StructuralReliefTherapy.com StructuralReliefTherapy.com	Register online: StructuralReliefTherapy.com (425) 422-3449	1) \$160 / 8 CE / \$20 2) \$320 / 16 CE / \$20 3) \$320 / 16 CE / \$20 4) \$160 / 8 CE / \$20 5) \$160 / 8 CE / \$20 6) \$320 / 16 CE / \$20 7) See SRT website
<b>MUSCLE-SPECIFIC DEEP TISSUE TECHNIQUES w/Brian Utting</b>					
1) May 12 - 10-7 pm 2) June 2 - 10-7 pm 3) Aug. 11 - 10-7pm 4) Aug. 12 - 2:30 - 7 pm 5) Oct. 24 - 2:30 - 7 pm	<b>SMuscle Specific Deep Tissue:</b> Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness 1) Posterior, Lateral & Anterior Neck 2) Legs and Hips 3) Chest and Shoulders 4) Back 5) Iliopsoas, Diaphragm & QL.	Seattle, WA	<b>Brian Utting, LMT</b> Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. NCBTMB #451040-09	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	<i>Early/Late Registration</i> 1, 2, 3) \$ 170 / \$ 190 4, 5) \$ 95 / \$110 1, 2, 3) 8 hrs / \$21.25/hr 4, 5) 4.5 hrs / \$21.11/hr
<b>SEATTLE REFLEXOLOGY and MASSAGE CENTER PRESENTS:</b>					
<i>Ongoing Classes:</i>	Reflexology is an amazingly effective and relaxing form of bodywork that can help reduce stress, improve issues throughout the body, encourage optimal holistic health, and manage foot pain. Learn a complete one-hour sequence in our Introductory Reflexology course. We offer reflexology classes taught by local, national and international instructors. Class space is limited. Visit <a href="http://www.seattle-reflexology.com">www.seattle-reflexology.com</a> information.	Seattle Reflexology & Massage Center 419 Queen Anne Ave. N. #107 Seattle, WA 98109 <a href="http://www.seattle-reflexology.com">www.seattle-reflexology.com</a>	<b>Neil McNeill, NBCR</b> <b>Lisa Hensell, LMT, NBCR</b> <b>Lisa Hensell, LMT, NBCR</b> <b>Nico Pauly, DO (Belgium)</b>	Seattle Reflexology & Massage Ctr Lisa Hensell, Owner, Director of Education - (206) 284-8389 <a href="mailto:lhensell@netzero.net">lhensell@netzero.net</a> <a href="http://www.facebook.com/SeattleReflexology">www.facebook.com/SeattleReflexology</a> <a href="http://www.linkedin.com/SeattleReflexology">www.linkedin.com/SeattleReflexology</a>	\$295 / 16 / 18.43 \$300 / 14 / 21.43 \$300 / 14 / 21.43 \$375 / 14 / 26.79
May 19-20 Jun 2-3 June 23, 24 Sept 10, 11	<b>Introduction to Reflexology</b> <b>Advanced Reflexology, Part I</b> <b>Advanced Reflexology, Part II</b> <b>The Stress Response: A Sympathetic Nervous System, Hormonal &amp; Immune Challenge</b>				
June 2 Saturday 9:00 am to 5:00 pm	<b>ABDOMINAL PALPATION &amp; TREATMENT: UPPER ABDOMEN w/ Marty Ryan</b> Explore the upper abdomen including the stomach, liver, gall bladder, & duodenum. Focus will be on clinical applications to common upper abdominal conditions including gastritis/upper abdominal pain, acid reflux/GERD, and gall bladder stasis/congestion. This work also assists with detoxification of the liver, indigestion, & belly bloating. Includes the behavioral, metabolic, & soft tissue factors that contribute to these conditions.	Seattle, WA	<b>Marty Ryan, LMT</b> , 22 yrs exp, teaching since 1998. Director of Love Your Guts Seminars. NCBTMB #451818-11	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 320 w/ 1 wk adv \$ 350 after 16 \$ 20 / hr
MC Part 2: May 19, 20 IOM w/Facial Cupg: June 23, 24 MC Part 1: August 25, 26	<b>INTRAORAL MASSAGE ENDORSEMENT &amp; FASCIAL MASSAGE CUPPING</b> Satisfies WA State requirement for IOM Endorsement. Students learn TX's for TMJD, Headache, Bruxism, TMJ clicking, TMJ related inner ear, Mandible deviation TX's, anti-aging Facial Massage Cupping treatments, ancient & time of honored Chinese Medicine technique of Gua Sha on the face/neck. Massage Cupping Pt.1: Students learn a myriad of applications pertaining to each of the different cups. Pathology TX, abdominal cupping, ROM, contraindications. <a href="http://MassageCuppingCE.com">MassageCuppingCE.com</a>	Discovery Point School of Massage 420 E. Pike St, Seattle WA 98122	<b>Rev. Jason Abbey, LMT, MCT</b> Instructor of Massage Cupping for 11 years. NCBTMB #450472-07 <a href="http://IntraoralMassageCE.com">IntraoralMassageCE.com</a> .	LIG INC. Rev. Jason Abbey (206) 992-4884 <a href="mailto:IntraoralMassageCE.com">IntraoralMassageCE.com</a> <a href="mailto:Jasonabbeylmp@gmail.com">Jasonabbeylmp@gmail.com</a> .	\$ 325* w/ 3 wks adv *mail-in reg. \$ 20 /hr - each class \$ 350 after/PayPal 16 / \$22 / hr
Two sections: June 8, 9, 10 June 23, 24, 25 1st days 12 - 6:00 Days 2/3 - 9:00 - 6:00	<b>ZERO BALANCING   REBALANCING BONE-HELD TENSION - - Bodywork, Zero Balancing</b> Zero Balancing works with the energy and structure of bones. It is hands-on manual therapy that treats and re-balances bone-held tension to address underlying compensation mechanisms and enhance wellness. Learn to work with the skeletal system from head to toe. This work can be stand-alone or incorporated in what you already do. Approved for WA State LMPs, AMTA, NCBTMB, NCCAOM, APTA & Nurses.	Seattle, WA Private home Queen Ann - Directions provided w/ registration	<b>Katie Chase, LMT, CZB, MBA</b> <a href="mailto:katie@therapeuticmovement.com">katie@therapeuticmovement.com</a> <a href="http://www.therapeuticmovement.com">www.therapeuticmovement.com</a>	Katie Chase, LMP, CZB, MBA - <a href="mailto:katie@therapeuticmovement.com">katie@therapeuticmovement.com</a> - <a href="http://www.therapeuticmovement.com/courses">www.therapeuticmovement.com/courses</a> (206) 588-5665	Normally: \$ 595 - \$ 795 Currently: \$ 495 25 / hr cr / \$19.80 / hr
June 16 Saturday 10:00 am - 7:00 pm	<b>HEARTSPIRE LOMILOMI HAWAIIAN MASSAGE ~ A Touch of Warmth and Aloha from the Islands w/ Kim</b> Heartspire Lomilomi Heaven and Earth - Head, Hands, and Feet: learn the Hawaiian approach to the face, scalp, and bone sutures of the head (Po). Hands: learn lomilomi thumbs, bone washing and circular stretching with the digits. Feet: learn Auntie Margaret's famous foot routine along with a few other special additions from our other lomilomi teachers. Open and connect metaphysically to heaven & earth	Seattle, WA	<b>Kim Hartley, LMT since 1990</b> Teaching since 1994. Kim brings joy, enthusiasm, and aloha to her teaching. NCBTMB #450029-06	Therapeutic Training Center Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 21.25
June 19 - 22 Starts: June 18 Monday 6:00 pm to Friday 8:00 pm	<b>CHI NEI TSANG RETREAT w/ White Cloud Institute</b> A CNT Fundamentals retreat is a complete course in the Chi Nei Tsang foundation program. 4 full days of instruction, and 5 nights lodging at Cedar Tree house. Taoist Abdominal massage fits perfectly into most healing arts practices, and is an excellent method of self care. 36 CE credits NCBTMB 284826-00 No experience required. <a href="http://www.WhiteCloudInstitute.com">www.WhiteCloudInstitute.com</a>	Bellingham, WA NW Washington state. (Call for directions)	<b>Caryn Boyd Diel, MS Ed, LMT</b> Founder, White Cloud Institute Senior Healing Tao Instructor	White Cloud Institute email: <a href="mailto:WhiteCloudNM@aol.com">WhiteCloudNM@aol.com</a> phone: (505) 670-3538	\$ 550 tuition \$250 lodging 36 cr hs \$ 15.27 per hr *Meals not included
June 23 Saturday 9:00 am to 6:00 pm	<b>INJURY TREATMENT: SHOULDER w/ Pat O'Rourke</b> Learn: a) palpation and friction techniques for individual rotator cuff tendons and AC joint ligaments b) myofascial work for the shoulder girdle to improve alignment and function of the humerus, scapula, ribcage and clavicle. c) neural treatment for the most commonly compressed brachial nerves d) discussion of the most common injury syndromes and their treatment. Includes anatomy, palpation, assessment and treatment.	Seattle, WA	<b>Pat O'Rourke, LMT, CCST, KMI SI.</b> Instructor for over 27 years. NCBTMB # 451290-10.	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 21.25 / hr
Upper Body: June 23, 24 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm Lower Body: September 15, 16 Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm	<b>NEURAL RESET THERAPY® (NRT)</b> NRT is the first "Game Changing" style to come along since Neuromuscular Therapy (NMT) by Paul St. John in the early 90's. Fast, easy, painless (to therapist & patient) it allows the therapist to achieve extraordinary results for acute complaints and chronic conditions. Learn how to effectively, consistently, and predictably normalize muscle tonus almost instantly and not only release pain but unlock inflexible muscles & joints in minutes. For seasoned therapists, put the wonder & excitement back into your practice while extending your career. For newer therapists, build your practice quickly based on your excellent results! NCBTMB Approved	Dream Clinic 15436 Bel-Red Road Redmond, WA 98052* *Suburb of Seattle	<b>Leif Grunseth, LMT, CNMT, ATC, NRT-M</b> <b>Pauline Chau, LMT, NKT, NRT-M</b> NCBTMB Approved	Leif Grunseth (425) 307-1545 Messages (425) 941-4179 Cell <a href="mailto:leifgrunseth@hotmail.com">leifgrunseth@hotmail.com</a> Reg. Online for all Redmond (Seattle suburb) NRT workshops at: <a href="http://www.leifgrunseth.com">www.leifgrunseth.com</a>	Upper Body: \$ 445 bef. 6/9 /16 /\$24.68 \$ 545 after / 16 / \$30.24 Lower Body: \$ 445 bef. 9/1-16 /\$24.68 \$ 545 after /16 / \$30.24
June 24 Sunday 10:00 am to 7:00 pm	<b>ADVANCED WHIPLASH TREATMENT w/ Don Soran, DC</b> In this workshop, review videos of actual accidents involving real people in various controlled situations and understand the dynamics of the impacts to understand how the body is affected in collisions and how speed and type of collision create different types of injuries. Treatment focus is on the impact of whiplash on the neck, shoulder girdle and upper back.	Seattle, WA	<b>Don Soran, DC.</b> - DC since 1998, advanced studies in auto accidents--treatment and the evaluation of car crashes. NCBTMB #649	Therapeutic Training Ctr Robbin Blake (206) 853-6875 info@theratraining.com www.theratraining.com	\$ 190 w/ 1 wk adv \$ 210 after 8 \$ 23.75 / hr
July 18 - 22 July 23 - 25 Sat. 1:30 - 6:00 pm Sun. 9:00 - 3:30 pm	<b>TAOIST MEDICAL QIGONG</b> <b>Summer Retreats</b> - Join us for these intensive trainings, featuring Pearl of the Moon, Six Steps for Projecting Qi, Magic Square Abdominal Qigong and much more. Learn to increase your healing capacity, recharge yourself, and develop your healing hands to enhance your work as a therapist! Visit our website for more details - <a href="http://www.linggui.org">www.linggui.org</a>	Portland, OR <a href="http://www.linggui.org">www.linggui.org</a> info@linggui.org	<b>Dr. Liu Dong</b> , Qigong Master, Doctor of Oriental Medicine <b>Master Liu He</b> , World renowned Qigong Master & Author	Ling Gui International Healing Qigong School (503) 380-5814 or (206) 817-4117	5 day Retreat: \$ 510 / \$545 3 day Retreat: \$ 390 / \$ 425

Register early to be assured a space in the classes of your choice!




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# CME *Continuing Education*

## CALENDAR *for Therapeutic Massage/Bodywork*

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 AMTA . . . . . 1-877-905-2700  
 National Certification Board . . . . . 1800-296-0664

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**To List in the CME Calendar** *(This printed publication)*

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- Cost 3/4" listing is \$180, cost increases by \$20 with each additional 1/4". Deadline for copy is the 10th for the following month. Listing a one line ad is \$50, under 4 hrs/less - fee for class must be less than \$80.
  - E-mail to: [maxemum@comcast.net](mailto:maxemum@comcast.net) - a vertical list of your ad content starting with **Date, Day, Time** (drop 2 spaces down), **Course Title** and **Description** - approx. 50 words (drop 2 spaces down), **Location** (drop 2 spaces down), **Instructors** (drop 2 spaces down), **Sponsor/Contact/Telephone** (drop 2 spaces down), **Cost/Total hours/ Cost Per Hour**.  
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  - Upon receipt your ad the content will be placed in format for the printed CME Calendar and a proof forwarded to you for your review - this proof notice will include the cost of your ad (note: copy exceeding 3/4" is \$20 additional per 1/4", or line) a check for payment is expected to be mailed upon receipt of notice of the cost (this is not a 30 day pay) to: **Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009.**  
**Telephone: (206) 612-3343 / maxemum@comcast.net /** Add/delete to e-mail list or mailing list: [cme.subscription@gmail.com](mailto:cme.subscription@gmail.com) (PDF of printed copy).
  - The CME Calendar is mailed on or before the first of each month except for the month of December. **Call: (206) 612-3343 Cell/VM, (425) 576-9220 FAX.**
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**About the CME Calendar** - *Please be advised: The CME Calendar lists single topics and courses only, within any given advertisement.*

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***Please do call immediately if you suspect an incorrect telephone number is listed.***

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**Maxine Bailey, LMP, Publisher, Pro Education Associates, Inc., PO Box 862, Bellevue, WA 98009, (206) 612-3343 cell/voice mail - FAX (425) 576-9220 - [maxemum@comcast.net](mailto:maxemum@comcast.net)**

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