

# CME Continuing Education CALENDAR for Therapeutic Massage/Bodywork November/December 2018

Date/s Day/s Time/s	Description	Location	Instructor/s	Sponsor / Contact Telephone / E-mail	Cost Total Cost Cost per Hour
<b>SEATTLE REFLEXOLOGY and MASSAGE CENTER PRESENTS:</b>					
<b>Ongoing Classes:</b> Nov 2 Nov 3-4 Nov 5 Nov 10-11 December 1	Reflexology is an amazingly effective and relaxing form of bodywork that can help reduce stress, improve issues throughout the body, encourage optimal holistic health, and manage foot pain. Learn a complete one-hour sequence in our Introductory Reflexology course. We offer reflexology classes taught by local, national & international instructors. Class space is limited. Visit <a href="http://www.seattle-reflexology.com">www.seattle-reflexology.com</a> information. <b>Pain Control and Stress Reduction</b> <b>Musculoskeletal Ear Hand Foot Reflexology</b> <b>The Hidden Power of Reflexology for Chemical Dependency</b> <b>Introduction to Reflexology</b> <b>Hand Reflexology</b>	Seattle Reflexology & Massage Center 419 Queen Anne Ave. N. #107 Seattle, WA 98109 <a href="http://www.seattle-reflexology.com">www.seattle-reflexology.com</a>	<b>Bill Flocco, LMT, NBCR</b> <b>Bill Flocco, LMT, NBCR</b> <b>Bill Flocco, LMT, NBCR</b> <b>Neil McNeill, RF</b> <b>Neil McNeill, RF</b>	Seattle Reflexology & Massage Ctr Lisa Hensell, Owner, Director of Education - (206) 284-8389 <a href="mailto:lhensell@netzero.net">lhensell@netzero.net</a> <a href="http://www.facebook.com/SeattleReflexology">www.facebook.com/SeattleReflexology</a> <a href="http://www.linkedin.com/SeattleReflexology">www.linkedin.com/SeattleReflexology</a>	\$ 85 / 3 / \$28.33 \$325 / 14 / \$23.21 \$190 / 7 / \$27.14 \$295 / 16 / \$18.43 \$150 / 6 / \$25
<b>TAOIST MEDICAL QIGONG</b>					
<b>November 10 - 11</b> Sat. 1:30 - 6:00 pm Sun. 9:00 - 3:30 pm  <b>February 15 - 17</b> Fri., 10:00 - 5:30 Sat. 9:00 - 5:00 pm	<b>Yuan Shen "Original Spirit" Qigong</b> - Join us for this powerful method to awaken your healing hands by activating your kidney's five prenatal qi to nourish your internal organs, bringing abundant qi to your body and activating the Lao Gong acupoint in your hands. Beneficial for any bodywork practitioner! More details - <a href="http://www.linggui.org">www.linggui.org</a> <b>Second Spring - 3 day Intensive Women's Second Spring "Building Your Qi Egg"!</b> Learn to maintain vitality by balancing your hormones w/ Ancient Taoist Practices. When the ovarian system ages - body aging and other symptoms occur. Building the Qi egg can energize the ovarian and endocrine systems potentially slowing and reversing the aging process. <b>Transform</b> your physical-emotional-mental health and quality of life! Master Liu He will inspire each individual with her knowledge on how to live a life of harmony and balance with nature and ourselves. More details: <a href="http://www.linggui.org">www.linggui.org</a>	Seattle, WA  Portland, OR	<b>Dr. Liu Dong</b> Internationally acclaimed Qigong Master and Doctor of Oriental Medicine  <b>Master Liu He</b> World Renowned Qigong Master & Author	Ling Gui International Healing Qigong School (503) 380-5814 or (206) 817-4117 <a href="http://www.linggui.org">www.linggui.org</a> <a href="mailto:info@linggui.org">info@linggui.org</a>	\$ 225 / \$ 255  <b>3 day Retreat:</b> \$ 390 / \$ 425
<b>INDIVIDUAL ETHICS Classes w/Dawn Schmidt, Joe Rodin</b>					
1) <b>Nov. 10</b> Saturday 2) <b>Dec. 12</b> Wednesday <i>Times Vary</i>	1) <b>Boundaries Bootcamp (Ethics) -- Dawn (NCBTMB)</b> 2) <b>The Ethics of Treating the Whole Client -- Joe (NCBTMB)</b> <i>Each Class Satisfies WA Ethics Requirements</i>	Seattle, WA	<b>Dawn Schmidt, LMT</b> <b>Joe Rodin, LMT</b>	Therapeutic Training Ctr. Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	<i>Each class:</i> \$ 80 w/ 1 wk adv reg \$ 90 after 4 / hr \$ 20 per hr
<b>MC Part 1* November 24, 25</b> <i>*Last class of 2018 Special Promo Rate Save \$55 off reg price See website for info.</i>					
<b>MASSAGE CUPPING (MC) &amp; INTRAORAL ENDORSEMENT w/ FASCIAL CUPPING ~ Jason Abbey, LMT</b>					
	<b>New format &amp; content in 2018!</b> Highly experiential & hands-on. Learn a myriad of TX's about each of the different cups (glass, silicone, and vacuum). Pathology TX, abdominal cupping, ROM, TMJ, contras, mkting MC, & integrate MC into practice. <b>Spring 2019:</b> WA St. Intraoral/Facial Endorsement: TX's for TMJD, Headache, Bruxism, clicking, anti-aging Facial Massage Cupping TX, & Chinese Gua Sha on face/neck.	Discovery Point School of Massage 420 E. Pike St. Seattle WA 98122	<b>Rev. Jason Abbey, LMT, MCT</b> Instructor of Massage Cupping for 12 years. <b>NCBTMB #450472-07</b> <a href="http://MassageCuppingCE.com">MassageCuppingCE.com</a>	LIG INC., Rev. Jason Abbey, LMT, CCT (206) 992-4884 <a href="http://MassageCuppingCE.com">MassageCuppingCE.com</a> <a href="mailto:Jasonabbeylmp@gmail.com">Jasonabbeylmp@gmail.com</a>	<i>Each Class: 16 Cr Hr</i> \$ 295 w/ 2 wks adv* <i>*Mail in reg only</i> \$ 325 w/in 2 weeks & online reg.
<b>HEARTSPIRE LOMILOMI HAWAIIAN MASSAGE - A Touch of Warmth &amp; Aloha from the Islands w/Kim Hartley</b>					
<b>December 1</b> Saturday 9:00 am to 6:00 pm	<b>LomiLomi Shoulder &amp; Scapula Dance: A Union of the Sacred Marriage:</b> In Heartspire lomilomi, the scapulas represent the altar of the mother and father within. We work with flow and flush around, on top, and underneath, lifting, stretching, opening and freeing the tissue, rooting out what does not serve from our lineage, to free up the truth of the feminine and masculine within. When the union of the sacred marriage is in place we offer our client's the opportunity to feel open hearted and spacious in their shoulder girdle, nurtured, and contained within themselves.	Seattle, WA	<b>Kim Hartley, LMT (since 1990)</b> Teaching Lomi since 1994, Kim brings joy, enthusiasm, and aloha to her classes. Assisted by Jim Hartley, LMT <b>NCBTMB #450029-06</b>	Therapeutic Training Center Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	\$ 170 w/ 1 wk adv \$ 190 after 8 <b>Bring a Friend - -</b> <b>Discounts Available</b>
<b>RESETTING THE BODY AFTER INJURY w/ Joe Rodin</b>					
<b>December 1</b> Saturday 10:00 am to 7:00 pm	Injury creates both a pathological change to soft tissues and causes defensive bracing around the injury which often becomes part of the client's chronic postural and pain patterns—long after acute problems are successfully resolved. Learn to <b>a)</b> identify the bracing patterns, <b>b)</b> assess the dysfunctional myofascial chains and their sequences of firing and <b>c)</b> learn techniques to resolve these bracing pattern & restore healthy function.	Seattle, WA	<b>Joseph Rodin, LMT (#91)</b> <b>Certified Trager Practitioner</b> Certified by the Trager Inst. to teach Intro Trager classes. 20 yrs teaching experience. <b>NCBTMB #681</b>	Therapeutic Training Ctr Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 20
<b>TREAT THE FEET w/ Dawn Schmidt</b>					
<b>December 2</b> Sunday 9:00 am to 6:00 pm	Injury creates both a pathological change to soft tissues and causes defensive bracing around the injury which often becomes part of the client's chronic postural and pain patterns—long after acute problems are successfully resolved. Learn to <b>a)</b> identify the bracing patterns, <b>b)</b> assess the dysfunctional myofascial chains and their sequences of firing and <b>c)</b> learn techniques to resolve these bracing pattern & restore healthy function.	Seattle, WA	<b>Dawn Schmidt, LMT</b> Previous Dir. of Ed Brenneke School of Massage and Cortiva, 25 yrs teaching experience <b>NCBTMB #451040-09</b>	Therapeutic Training Ctr Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	\$ 170 w/ 1 wk adv \$ 190 after 8 \$ 20
<b>NEURAL RESET THERAPY® (NRT)</b>					
<i>Upper Body:</i> <b>December 8, 9</b> Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm  <i>Lower Body:</i> <b>March 16, 17</b> Sat. 9:00 am-6:30 pm Sun.9:00 am-5:30 pm	NRT is the first "Game Changing" style to come along since Neuromuscular Therapy (NMT) by Paul St. John in the early 90's. Fast, easy, painless (to therapist & patient) it allows the therapist to achieve extraordinary results for acute complaints and chronic conditions. Learn how to effectively, consistently, and predictably normalize muscle tonus almost instantly and not only release pain but unlock inflexible muscles & joints in minutes. For seasoned therapists, put the wonder & excitement back into your practice while extending your career. For newer therapists, build your practice quickly based on your excellent results! <b>NCBTMB Approved</b>	Dream Clinic 15436 Bel-Red Road Redmond, WA 98052*  *Suburb of Seattle	<b>Leif Grunseth, LMT, CNMT, ATC, NRT-M</b>	Leif Grunseth (425) 307-1545 <b>Messages</b> (425) 941-4179 <b>Cell</b> <a href="mailto:leifgrunseth@hotmail.com">leifgrunseth@hotmail.com</a> Reg. Online for all Redmond (Seattle suburb) NRT workshops at: <a href="http://www.leifgrunseth.com">www.leifgrunseth.com</a>	<i>Upper Body:</i> \$ 445 bef. 11/24-16/\$24.68 \$ 545 after / 16 / \$30.24  <i>Lower Body:</i> \$ 445 bef. 3/2-16 /\$24.68 \$ 545 after / 16 / \$30.24
<b>MUSCLE-SPECIFIC DEEP TISSUE TECHNIQUES w/Brian Utting</b>					
1) <i>Deep Tissue - Neck:</i> Saturday <b>December 8</b>  2) <i>Neck Ligaments:</i> Sunday <b>December 9</b>	1) <b>Muscle-Specific Deep Tissue Techniques for the Posterior, Lateral and Anterior Neck:</b> Skillfully applied, Deep Tissue work can be one of the most powerful tools in your toolbox. These muscle-specific Deep Tissue classes will improve your technique, refine your body mechanics, and increase your precision, palpatory sensitivity, and effectiveness for the Posterior, Lateral & Anterior Neck. 2) <b>Assessment and Treatment of the Neck Ligaments:</b> Learn to palpate and treat some of the most commonly injured ligaments in the neck. Clients often notice a decrease in pain and a sense of lightness and freedom of movement. A primary focus of this class is to help you refine your accuracy in both palpation and treatment, and to help you develop more confidence, specificity and thoroughness in your massage.	Seattle, WA	<b>Brian Utting, LMT</b> Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. <b>NCBTMB #451040-09</b>	Therapeutic Training Center Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	1, 2) <i>Each class:</i> \$ 170 w/ 1 wk adv. reg. \$ 190 after 8 hrs \$ 20 / hr <i>Register for both and save \$45.</i>
<b>THE NEUROENDOCRINE SYSTEM, STRESS AND MASSAGE w/Brian Utting</b>					
<b>December 15</b> Saturday 10:00 am to 7:00 pm	Examine the anatomy and physiology of the autonomic nervous system and the endocrine system. Investigate the etiology of stress-related diseases and disorders caused by autonomic-neuroendocrine imbalance. Look at how massage and other factors can remedy distress and stress disorders, and positively influence health and balance. Learn to better manage your own stresses, and how to help your clients manage theirs.	Seattle, WA	<b>Brian Utting, LMT</b> Founder/owner Brian Utting School of Massage 1982-2006; 35 years teaching experience. <b>NCBTMB #451040-09</b>	Therapeutic Training Center Robbin Blake (206) 853-6875 <a href="mailto:info@theratraining.com">info@theratraining.com</a> <a href="http://www.theratraining.com">www.theratraining.com</a>	\$ 140 w/ 1 wk adv. reg. \$ 150 after 8 hrs \$ 17.50 / hr
<b>2019 A YEAR of NURTURING YIN and BALANCING YANG</b>					
<i>Beginning:</i> <b>Jan 12, 2019</b> 1:00 to 3:30 pm 2nd Saturday of every month. <i>See all class dates and topics on the website</i>	Taoist practices are deeply imbedded in the manifestation of spiritual knowledge into the material plane. The human body, in every cell, is the recipient and transforming vehicle of the practices. Taoist alchemy cannot live on a piece of paper or in a book. Taoism is not fully alive unless it is flowing through all nature, including women & men. <b>This class will focus on practices for Women.</b> Join me for a year of nurturing your Yin and balancing your Yang energies as we meet monthly to study and practice what has been known for thousands of years. Enroll in all or one class at a time, bring a friend.	Center for Spiritual Living, 2224 Yew Street Bellingham, WA 98229 <a href="http://www.whitecloudinstitute.com">www.whitecloudinstitute.com</a>	<b>Caryn Boyd Diel, MS, LMT</b> Senior Healing Tao Instructor Founder White Cloud Institute <a href="http://www.AmethystbytheSea.com">www.AmethystbytheSea.com</a> <a href="mailto:caryndiel@aol.com">caryndiel@aol.com</a>	White Cloud Institute Caryn Boyd Diel (505) 670-3538 <a href="mailto:WhiteCloudNM@aol.com">WhiteCloudNM@aol.com</a> PO Box 31996 Bellingham, WA 98228 <a href="http://WhiteCloudInstitute.com">WhiteCloudInstitute.com</a>	\$ 35 per class every month \$ 14 / hr

. . . Register early to be assured a space in the classes of your choice!

. . . This is the last CME Calendar -

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# CME CALENDAR *for Therapeutic Massage/Bodywork*

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